

How to Minimize Interruptions from your Android Phone

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Many of us would like our phone to let us know if we've gotten a call or text and otherwise leave us alone. This is a quick guide to simplifying your phone, using the logic

- 1) Unhide and uninstall all apps you don't need*
- 2) Turn off notifications for the apps that don't need to notify you about anything*
- 3) Turn off the notification sound for apps where you just want to read the notifications on the pull-down screen*
- 4) Set custom notification sounds for apps that you want to notify you*
- 5) Set a reminder for notifications that have not been attended to*
- 6) Set Do Not Disturb exceptions that allow selected contacts or apps to notify you even if you have Do Not Disturb set.*

Written for Android version 11, Samsung modification

TO UNHIDE INSTALLED APPS FROM APP SCREEN

Settings
Home Screen
Hide Apps
Select Apps
Touch app to hide/unhide.

TO UNINSTALL AN APP *Only uninstall apps that are clearly not part of the operating system*

Go to Apps screen behind Home Screen (pull up) to see all installed apps (except hidden)
Hold down the app icon until it changes mode
Touch **uninstall**.

DISABLE PUSH NOTIFICATIONS COMPLETELY FOR AN APP

Settings
Notifications
Click the **MORE** button at the bottom of the **Recently Sent** section.
Click the dropdown to show category (Most recent, Most Frequent, Blocked, All)
Select **All**
Tap on the app name
Tap on **Show Notifications** to turn off

TURN OFF DEFAULT NOTIFICATION SOUND *(Can still read text of notification on pull-down screen. Will only affect apps that use the default notification sound and don't have a custom sound defined.)*

Settings
Sounds & Vibration
Notification Sound
Set to **Silent**

SET A CUSTOM NOTIFICATION SOUND FOR AN APP'S GENERAL NOTIFICATIONS (Not all apps may have sounds available)

Settings
Apps
Select App ("Texts" is Messages)
Notifications
General Notifications
Sound
Select Desired Sound

If a custom sound for an app is not able to override the default sound, try clearing the app's data and cache. (Click Settings, Click Apps, Select app, click Storage, click Clear data and Clear cache)

SET A CUSTOM NOTIFICATION SOUND FOR NEW MESSAGES

Settings
Apps
Select Messages
Messages Settings
Notifications
New Messages
Sound
Select Desired Sound

TO SET A NOTIFICATION REMINDER

Settings
Notifications
Advanced Settings
Notification Reminder
Select frequency (clear to stop)
Select apps to get reminders for

DEFINE DO NOT DISTURB EXCEPTIONS

Settings
Notifications
Do Not Disturb
Calls, Messages, and Conversations (or other apps, as necessary)
Select Calls or Messages and set exceptions.